

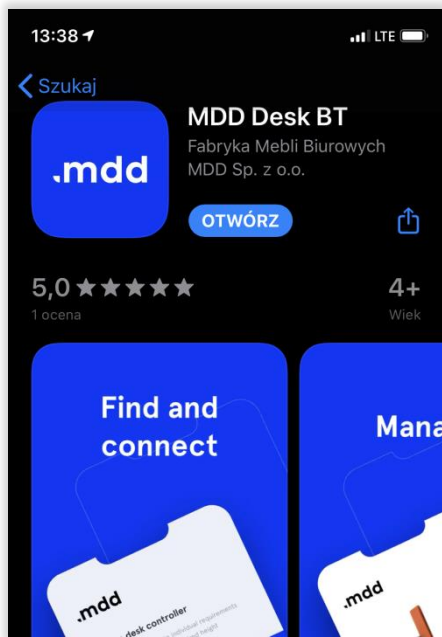
INSTRUCTION MANUAL

Mobile app for remote control of the desk via the Bluetooth module.

DOWNLOADING AND INSTALLING THE APP

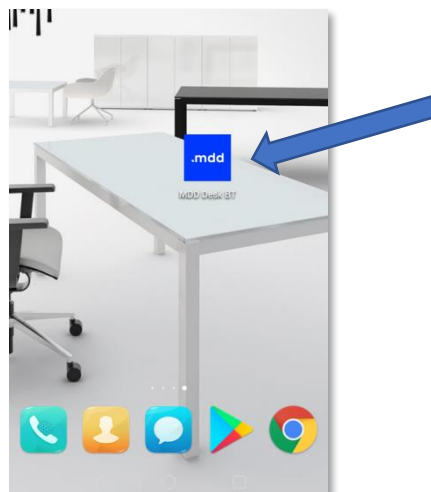
Download and install the MDD Desk BT app on your phone:

- ANDROID - Google Play store,
- iOS System - App Store.

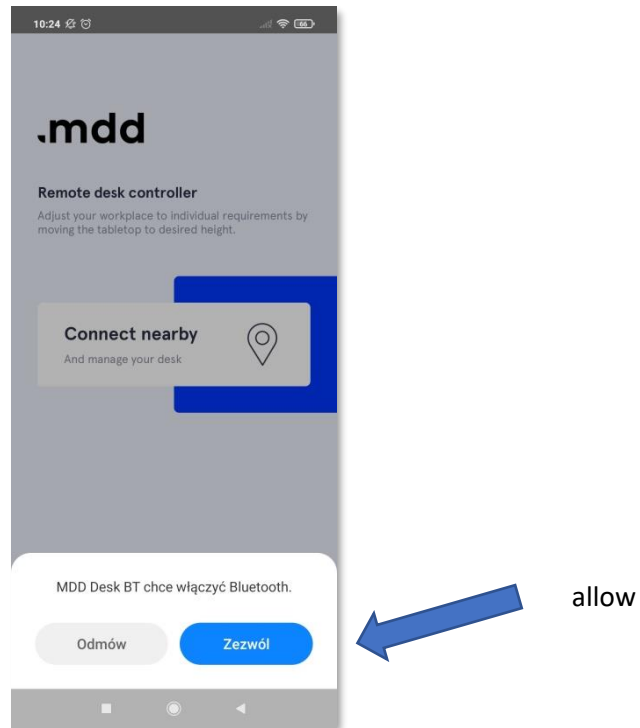


STARTING THE APP

Launch the app via the icon on your phone's desktop.

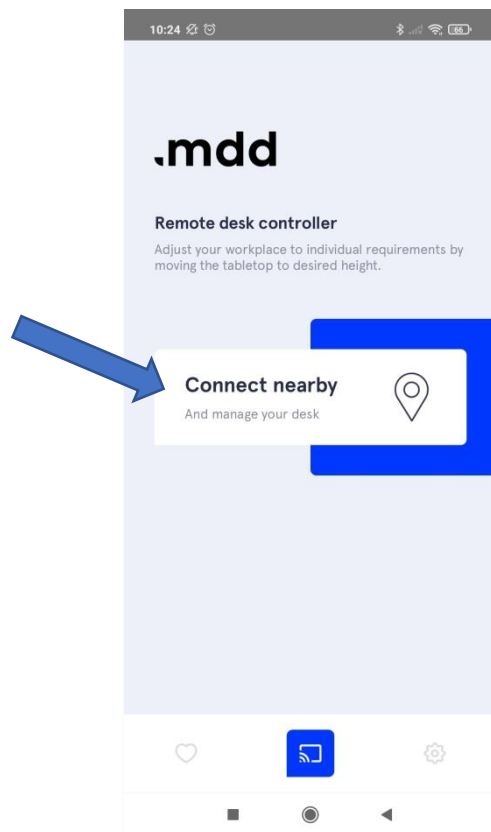


While starting the app, a window will appear to turn on BLUETOOTH. You should also turn LOCATION on.



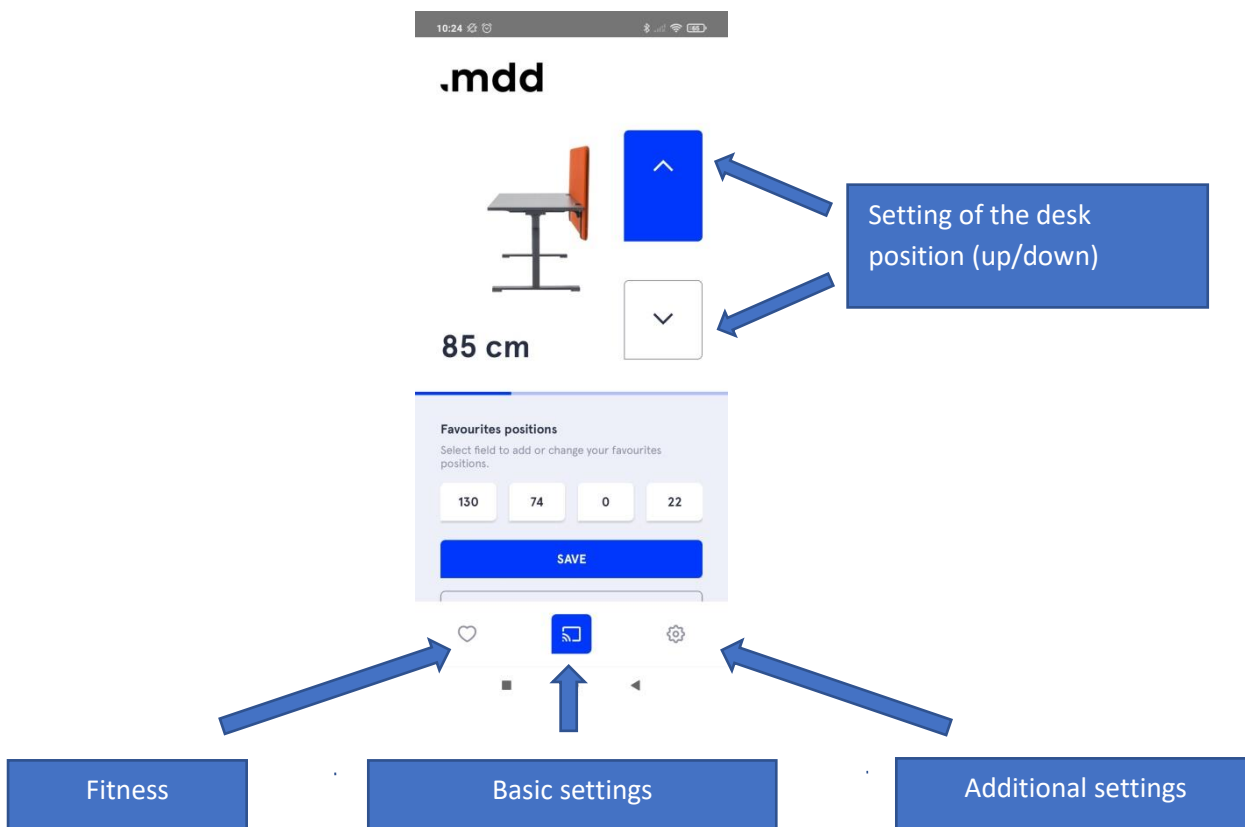
CONNECTING WITH THE DESK

Move your phone close to the desk's BLUETOOTH module and connect via the CONNECT NEARBY button. The app detects desks in the range of +/- 30 cm.



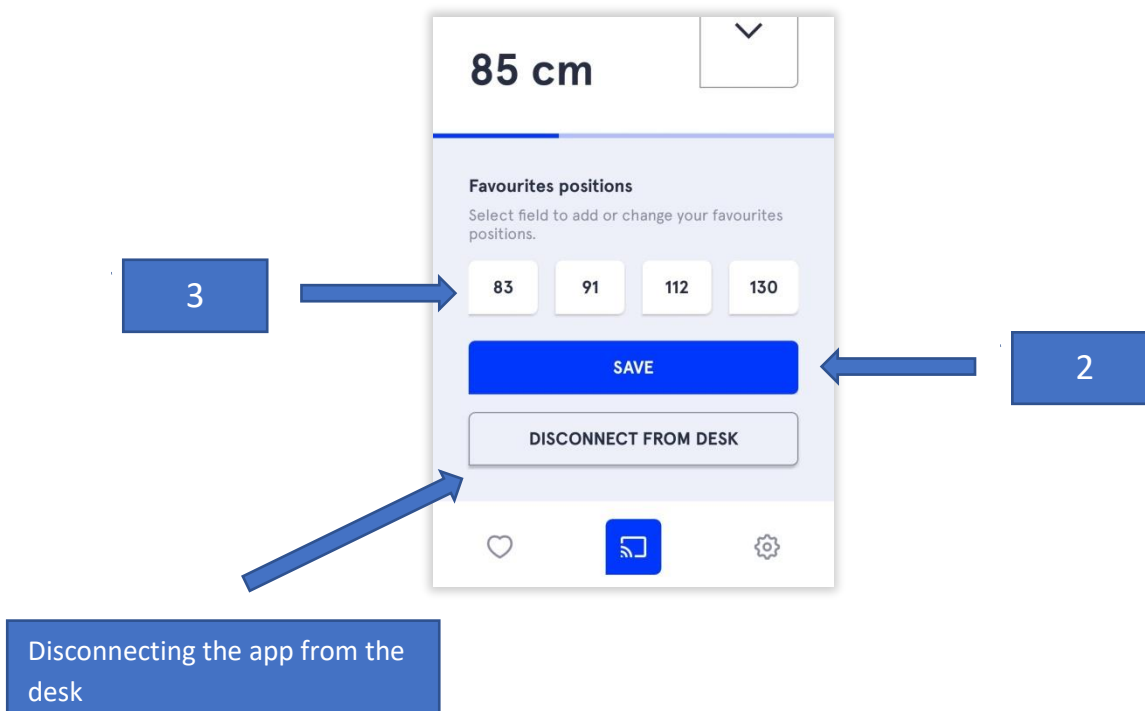
BASIC SETTINGS

Manual adjustment of the desk's height.

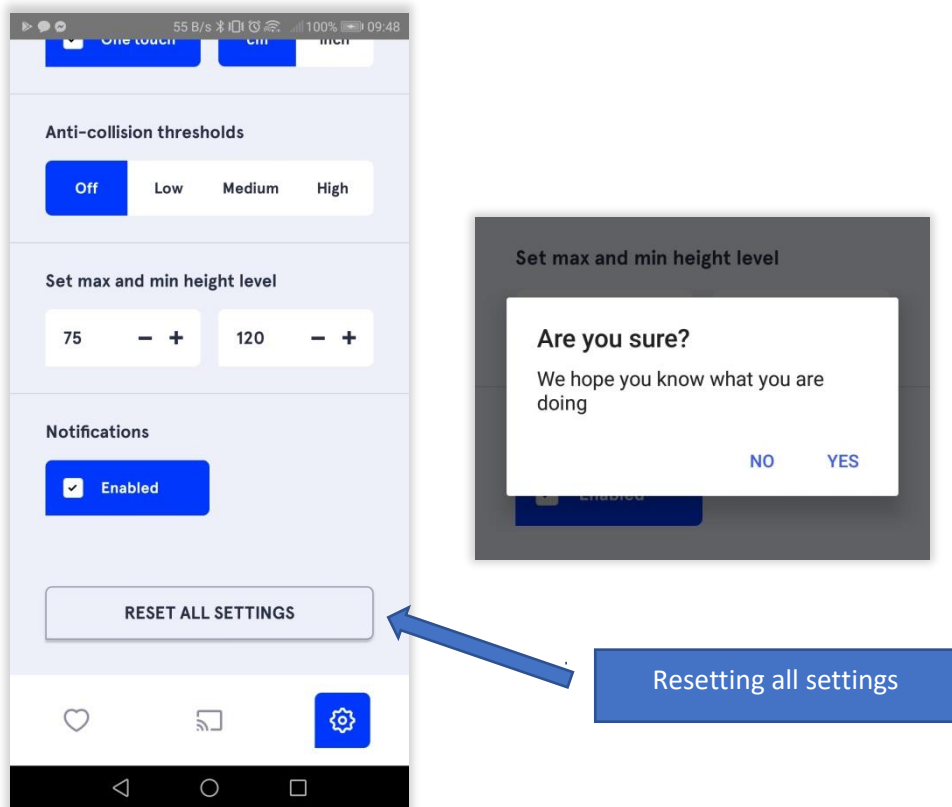
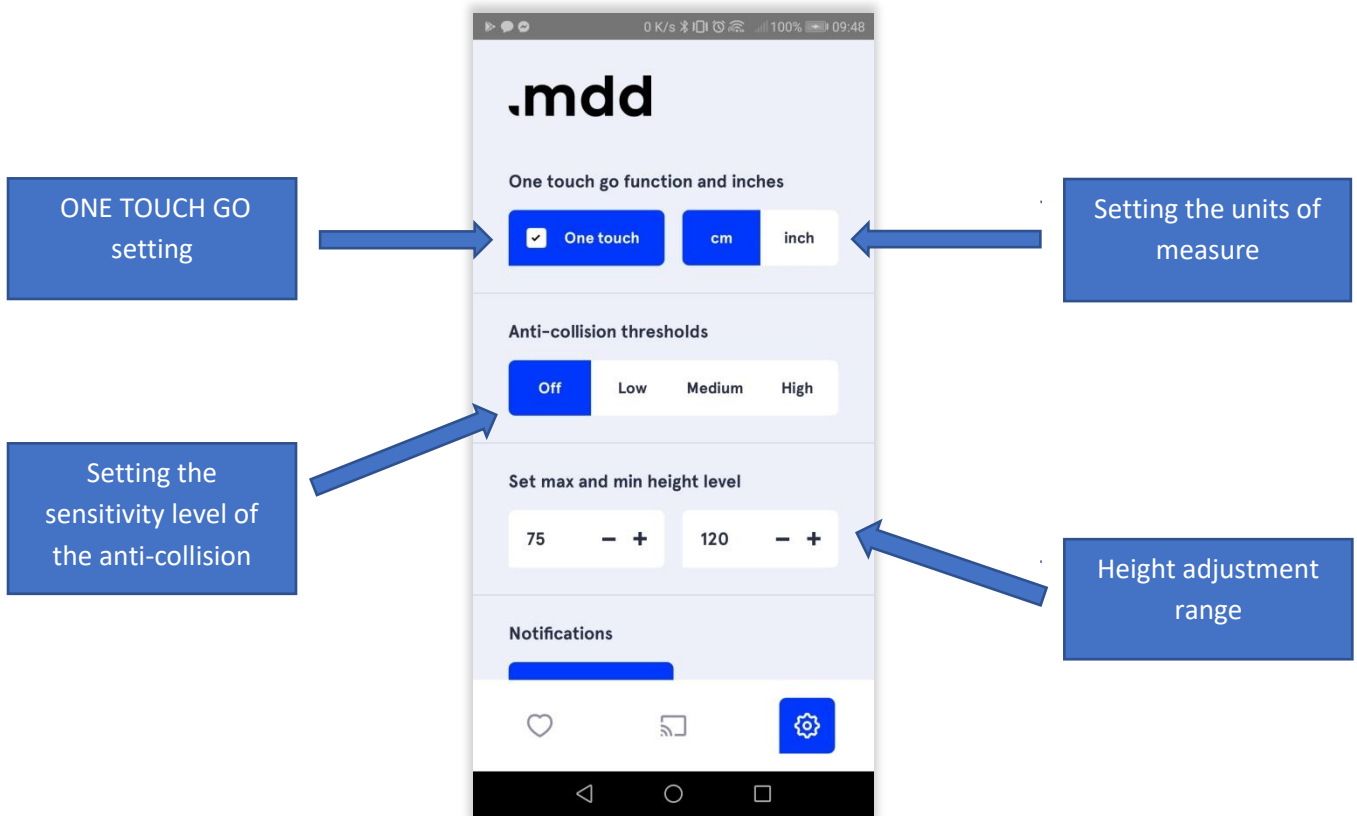


Remembering the height settings:

1. adjust your desk to the desired height,
2. click on the SAVE button,
3. select 1 out of 4 buttons, on which you want to save the height.



ADDITIONAL SETTINGS



FITNESS SETTING

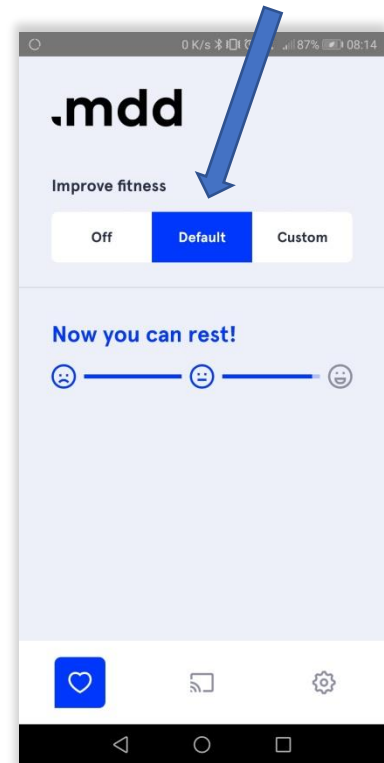
Automatic setting

Thanks to an algorithm, the app will independently inform you up to date about the fatigue during working

- sitting work period: +/- 53 min
- standing work period: +/-7 min

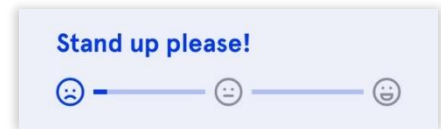
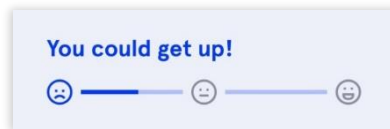
While working on a computer, we are not aware how much time is spent seating without any movement.

The aim of the app is to encourage the employee to change body position – it will inform us by sending a notification on the phone.



USTAWIENIA FITNESS

The app signals the level of „dissatisfaction” caused by the lack of activity.

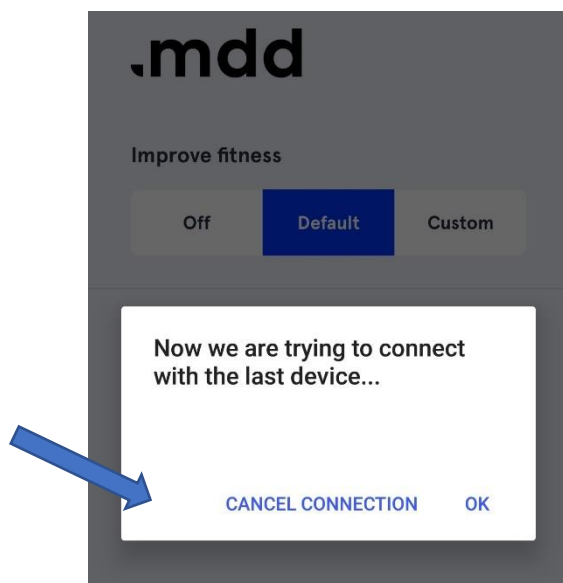


The app monitors two kinds of activities:

- movement of the worktop – (worktop below 100 cm – satisfaction lowers, above 100 cm – satisfaction increases),
- movement of the phone – elevating the desk or moving with the phone increases the satisfaction.



When losing the connection with the desk, the app continues to detect movement and the satisfaction level increases. After returning to the desks's range, the app sends a question whether to connect with the last device.

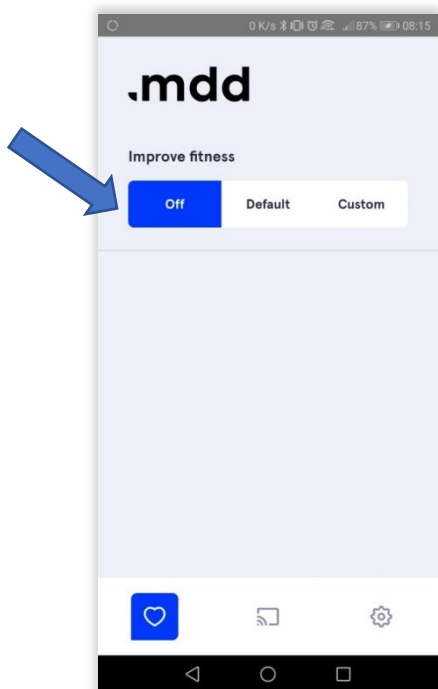


Manual setting of the seating and standing intervals

The app monitors:

1. sitting and standing periods set by the user,
2. movement of the worktop:
 - below 100 cm – satisfaction lowers,
 - above 100 cm – satisfaction increases.

Turning off all notifications on activity.



AVAILABLE DEVICES



CONTROLLER



BLUETOOTH MODULE



BASIC PANEL



PROPANEL

DEVICES CONNECTION DIAGRAMS



Controller – Bluetooth module – PRO panel



Controller – Bluetooth module – Basic panel